



**Sunday School ends**

❖ on Sunday, May 22



**Marlin Klein**

❖ was baptised on May 8



**Plant A Row**

❖ see page 2

# CROSSWAYS

newsletter  
st martin's lutheran church, cross plains, wi

- May 16, 2011
- Volume 1, number 27
- ELCA



*Plant Sale nets \$498*

St. Martin's Gardening Group hosted a plant sale from 8 am.— 1 pm. on Saturday, May 7, which netted almost \$500 to fund a Prayer Garden. The sale was organized by Jan Doyle and myself. Linda Sebree worked all day and Jim Doyle did much of the heavy work of setting up and taking down the tent and tables. Many others came to help, brought plants to sell, and purchased plants. We thank all who helped to make this sale fun and successful!

On April 30 Mary Vassalotti and Karen Wendels met with Garden Designer, Tibi Light, to create a Prayer Garden at St. Martin's. A couple of locations near the church building are under consideration with each location having its pros and cons.

We look forward to learning of more progress on this throughout the summer!

—Sally Averkamp

**MIDDLETON community ORCHESTRA**  
Steve Kurr, Conductor

**SPRING CONCERT**

WEDNESDAY, JUNE 1, 2011  
7:30 P.M.

\$10.00 GEN. ADMISSION • STUDENTS FREE  
MIDDLETON PERFORMING ARTS CENTER

An Outdoor Overture.....Aaron Copland  
Triple Concerto, Op.56.....Ludwig Van Beethoven  
Featuring the Perلمان Trio (shown above)  
Scheherazade.....Nikolai Rimsky-Korsakov

© 2011 Middleton Community Orchestra  
[www.middletoncommunityorchestra.org](http://www.middletoncommunityorchestra.org)

## Evening of food and music

St. Martin's members are invited for an evening of food and music on Wednesday, June 1. The evening starts Fitzgerald's Restaurant (sign up in narthex or contact Hallie at 798-3140) and a 7:30 pm. concert of the Middleton Community Orchestra (\$10). Member Nancy Kerr is in the orchestra and husband Steve is the conductor.

## Calling all Mothers

I would like to invite you to Centering Prayer.

We give so much of ourselves to our families and jobs. We need to recharge!

Come and relax in silence and connect with other moms and most importantly with our God! More about this evening is on page 3.

—Ann Boehnen



## In memory of Henrietta Marten



The following memorials were given to St. Martin's Lutheran Church in memory of Henrietta Marten.

Given by:

- ♦ Arrie & Shirley Wille
- ♦ Oscar & Karen Seibel
- ♦ Robert & Faye Danz

The Church Council offers their sincere thanks.

## Baccalaureate Sunday

There will be a graduation recognition Service at 10:00 am. on Sunday, June 19, for those graduating this year. We would like to put their picture and future plans in the *Crossways*.

Please submit the picture and plans to Sally at [communicationsdirector@stmartinscp.org](mailto:communicationsdirector@stmartinscp.org)

—Tim Knipfer

## PAR Garden



The Plant A Row Garden is tilled and ready for planting. If you can plant a row of some vegetable soon, contact Ralph Schulerberg at 798-2774 or [2olivett@tds.net](mailto:2olivett@tds.net)



ST. MARTIN'S  
Lutheran Church

Newsletter of  
**St. Martin's Lutheran Church**  
2427 Church St.  
Cross Plains, WI 53528

### Staff:

Pastor Rick Lund  
Tim Knipfer, Youth Ministry Director  
Mary Vassalotti, Music Director  
Jan Doyle, Accompanist  
Sally Averkamp,

Communications Director  
Jim Doyle, Building Manager  
Office (608) 798-2777  
Fax (608) 798-0492  
[communicationsdirector@stmartinscp.org](mailto:communicationsdirector@stmartinscp.org)  
[www.stmartinscp.org](http://www.stmartinscp.org)

## From the Pastor

# Taking Sabbath seriously

I wrenched my knee last night when I stooped down awkwardly to catch a low-flung football. After years of team sports, hiking, climbing, running, home renovations, and mission work, I'm now "a guy with a knee injury." I guess it was inevitable, since most active people suffer this kind of injury sometime in their journey of life, but somehow I never figured it would be me! Whether it is a temporary sprain or something more substantial remains to be seen, but it does cause me to reflect about my life from this time forward. That's a good outcome of bad situation.

A quote from Meister Eckhart, 13th century Dominican mystic theologian, comes to mind:

*"God is not found in the soul by adding anything but by subtracting."*

This rings true to me even though I don't want to believe it. I have always looked to add, not subtract, things and experiences to my life to make it richer. Now something is being taken away from me and it's an unsettling prospect: it points to a diminishment of life, not an enhancement. For a while at least, I have to slow down, be more careful, do less of many things I have enjoyed so much in life. But it is an opportunity to practice one of the most neglected of God's Ten Commandments, the Fourth: "Remember the Sabbath, to keep it holy."

In the very least, keeping Sabbath

means saying "no" to some activities. However, it does mean mustering the courage to go against a deeply-held conviction we have that living a full life means having more to do than you can accomplish in the time you have.



Author and preacher Barbara Brown Taylor shares a startling story someone told her recently after a visit to China. In China, the polite answer to the question "How are you?" is "I am very busy, thank you." If you are very busy, you must be fine. If you have more to do than you can do, and the list never gets done but only longer, then you must be very fine, because not only in China but also right here at home, successful people are busy people. For millions of people, even religious people who have a commandment telling us to stop, busy-ness is 'The Way of Life.'

If you believe that God has given us the Ten Commandments to enhance our lives, not restrict them, then pay attention to the Fourth Commandment. Summer is a good time to putting it into practice. Stop doing more and start living more.

May your Summer of 2011 bring you rest for your soul.

—Pastor Rick

## The Outlook

**Mary Martha Circle** will not be meeting during the summer.

Tuesday, June 28, at 4:30—8 pm. St. Martin's third annual **Garden Walk**. Gardens are needed so if you are interested in offering your garden, call contact Jan at 798-4524 or [doylejce@yahoo.com](mailto:doylejce@yahoo.com).

On Tuesday, July 19, St. Martin's members are invited to a **Lake Mendota Dinner Cruise** on the *Betty Lou*. The *Betty Lou* leaves at 6:30 pm. from Mariner's Inn for a cruise on Lake Mondota and an Italian dinner (\$37 per person). Reservations and payment are needed by Monday, June 13, to secure your reservation. Please fill in a

reservation form with a check and put in the drop box in the narthex. There will be ride shares available; we will meet at St. Martin's by 5:30 pm.

Friday in August: **Richland Center trip** to a Winery and tour of a large dairy farm with lunch.

A Friday in Sept., a **Wauwasha area trip** is planned including lunch

## Action plan for summer

Spring has sprung . . . finally! So, now is the time for us to 'spring' into a serving mode for our St. Martin's family. We need help to better do the work of the Lord for St. Martin's and for this area we live in.

The Council is looking for members to serve on the Fall Consecration Sunday event. Because we are following a proven and well laid out program that was done last year this year will be easier. The need is for a couple of persons to meet and do the steps needed for a successful completion.

The Council is looking for members to serve on the Planned Giving project for 2012. Planned Giving is educating our members on how and what to do in Estate Planning that can benefit both St. Martin's and the giver.

The Council is also looking for members to work on a fall "supper" fundraiser. The one-day supper may be a Meatball Supper that is open to our congregation

as well as inviting Cross Plains residents to enjoy a great meal.

The Council is looking for members to help in a simple golf outing that challenges St. Francis this fall. If you like golf and want to have some fellowship and hopefully "braggin' rights", just step up.

As you can see we are looking for involvement. To get involved is as simple as picking up the phone and calling Sally at 798-2777 and offering to assist. Someone would get back to you with details so you would know what is needed.

Blessings,

—Tom Johnson, Council President



## Centering Prayer

Centering Prayer is deep listening prayer, the laying aside of thoughts. It is the opening of our mind, heart, body and feelings to God. You will get better



and better each time you listen. Try hard not to analyze your experience or have any expectations of how it is suppose to be. Everyone will have a different experience. God is speaking to you.

1. Chose a sacred word or word that expresses your intent to be in God's presence. Examples: God, Jesus, Abba, Father, Love, Peace, Mercy, Listen, Let Go, Silence, Stillness, Faith, Trust, Yes

My Favorite: Be still and know that I am God.

When you first pick a word try to stay with it.

2. Sit comfortably with eyes closed, back straight but relaxed. Hands can be on your legs facing up or down or folded.

3. Take some deep cleansing breathes

to help you relax. Gently think of your sacred word. When your mind wanders or you fall asleep, go gently back to your sacred word. The sacred word is not to be repeated the whole time. It is just

there to keep you focused and open to God. Use it to get back on track. There are going to be thoughts that come in to your mind, just let them go. As soon as they enter just slowly watch them go up or off to the side. Try not to resist, hang on or react to these thoughts just let go. Just ask God to hang on to them for awhile. Return back to your sacred word.

4. We will be still for about 20 minutes. I will gently ring the bell to bring you back. Sit there for a few moments with your eyes closed and slowly come back and start to slowly move.

5. We will share our experiences with each other and end with a prayer.

— Ann Boehnen

## Youth plans

Greetings from the Sr. High Youth Team!

On Monday, May 9, Patty & Amy Harper, Mike Calvin, Natalija Goomey, Tami Roll, Rick Haller, and myself



met to plan upcoming events. We had a great meeting with the youth team and came up with lots of new ideas for our program in the future.

The Sr. High Youth have many events planned for the rest of the year. The first thing we want to do as a Youth Group is involve the Confirmation class in some Sr. High events. We think it's important for younger youth to see how the older kids act out their faith. Older youth sometimes also appreciate mentoring younger kids.

On June 23 youth entering 9th grade through 12th grade will be going to Vitense Golfland. A sign up sheet will be on the youth bulletin board.

As always there will be plenty to do throughout the year. Sr. High youth group will continue through the summer on Thursday's 6:30-8:30 pm.

Many events are in the planning stages.

Some events that are coming up are:

**Summer:**

- Vitense Golfland on June 23. (grades 9-12)
  - Flathead Bible Camp Service Trip in Montana. (Sr. High only; sorry this event is full.)
  - \*Devils Lake day trip (6-12 grades)
  - \*Pool Party at Cross Plains Pool (grades 6-12)
  - \*Habitat for Humanity Family build in Mount Horeb (Sr. High)
- Tentative Fall events:**
- \*Next Step Weekend Mission trip (Sr. High)

**Fall/Winter:**

- Youth Quake weekend in the Dells November 18-20 (grades 6-12)

As you can see there is plenty to do; come and be part of something great!

God Bless,

Tim Knipfer, Youth Ministry Director

\* Dates to be announced.

# Crossways May 16-31 Calendar

|  |   |   |
|--|---|---|
| <p>❖ Monday, May 16<br/>7:00 p. <i>no Soul Purpose rehearsal</i> S</p> <p>❖ Tuesday, May 17<br/>6:30 a. <i>Men's Bible Study</i> L<br/>6:30 p. <i>Women's Bible Study</i> OS<br/>7:00 p. <i>Boy Scouts Troop 87</i> FH</p> <p>❖ Wednesday, May 18<br/>9:30 a. <i>Staff Meeting</i> L<br/>6:00 p. <i>Tiger Scout Pack 87</i> FH<br/>7:45 p. <i>Senior Choir Practice</i> MR</p> <p>❖ Thursday, May 19<br/>9:30 a. <i>NO Pal Zone</i> N<br/>10:00 a. <i>Women's AA</i><br/>6:30 p. <i>Youth Group Lifeline</i> FH/S</p> <p>❖ Wednesday, May 21<br/>2:00 p. <i>Wedding: Laura Miller &amp; Mike Draeger</i> S</p> | <p>❖ Sunday, May 22<br/>8:30 a. <i>Worship w/ Communion</i> S<br/>9:15 a. <i>Sunday School-last day</i> B<br/>10:30 a. <i>Worship w/o Communion</i> S<br/><i>Teacher recognition</i><br/>5:00 p. <i>The Project Practice</i> S</p> <p>❖ Monday, May 23<br/>11:00 p. <i>Mary-Martha Circle</i> L<br/><i>Deadline for June 1 Crossways</i></p> <p>❖ Tuesday, May 24<br/>6:30 a. <i>Men's Bible Study</i> L<br/>6:30 p. <i>Women's Bible Study</i> OS<br/>7:00 p. <i>Boy Scouts Troop 87</i> FH<br/>8:00 p. <i>Church Council</i> L</p> <p>❖ Wednesday, May 25<br/>9:30 a. <i>Staff Meeting</i> L<br/>6:00 p. <i>Tiger Scout Pack 87</i><br/>7:00 p. <i>Soul Purpose</i> S</p> | <p>❖ Thursday, May 26<br/>9:30 a. <i>Pal Zone</i> N<br/>10:00 a. <i>Women's AA</i><br/>6:30 p. <i>Youth Group Lifeline</i> FH/S</p> <p>❖ Sunday, May 29<br/>8:30 a. <i>Worship w/ Communion</i> S<br/>10:30 a. <i>Worship w/ Communion</i> S<br/>5:00 p. <i>The Project Practice</i> S</p> <p>❖ Monday, May 30<br/>7:00 p. <i>Soul Purpose</i> S</p> <p>❖ Tuesday, May 31<br/>6:30 a. <i>Men's Bible Study</i> L<br/>6:30 p. <i>Women's Bible Study</i> OS<br/>7:00 p. <i>Boy Scouts Troop 87</i> FH</p> <p>S—Sanctuary; L—Library; B—Building;<br/>MR—Music Room; FH—Fellowship Hall;<br/>CR—Choir Room; OS—Off Site;<br/>N—Nursery; GLC—Gunderson Life Center</p> |
|--|---|---|

## May 16-31 Worship Volunteers

|            | <u>Lectors</u>  | <u>Communion Asst</u> | <u>Accompanist</u> | <u>Counters</u> | <u>Altar Guild</u> | <u>Ushers</u> | <u>Jr. Ushers</u> | <u>Acolytes</u> | <u>Nursery</u>  | <u>AV</u>       | <u>Coffee</u>      |
|------------|-----------------|-----------------------|--------------------|-----------------|--------------------|---------------|-------------------|-----------------|-----------------|-----------------|--------------------|
| 5/15 8:30  | Tom Smiley      | Tom Smiley            | Mary Vassalotti    | n/a             | Deb Wipperfurth    | Wendorff Team | Travis Zander     | Rachel Zander   | n/a             | Windels/Hartung | open               |
| 5/15 10:30 | Kay Kalvin      | n/a                   | Mary Vassalotti    | Team 3          | n/a                | Postle Team   | Liam Turley       | Brynn Turley    | Cheyenne Ambler |                 | Siggelkow/Schluter |
| 5/22 8:30  | Doris Fish      | Doris Fish            | Mary Vassalotti    | n/a             | Deb Goplin         | Wendorff Team |                   |                 | n/a             | Phil Fish       | Doris Fish         |
| 5/22 10:30 | Cheryl Hartung  | Cheryl Hartung        | Mary Vassalotti    | Team 2          | Darlene S.         | Postle Team   |                   |                 |                 | Windels/Hartung |                    |
| 5/29 8:30  | Deb Wipperfurth | Deb Wipperfurth       | Jan Doyle          | n/a             | open               | Wendorff Team |                   |                 | n/a             | open            | open               |
| 5/29 10:30 | open            | n/a                   | Jan Doyle          | Team 1          | n/a                | Postle Team   |                   |                 |                 | Dylan Hormig    |                    |



St. Martin Lutheran Church  
2427 Church St.  
Cross Plains, WI 53528